

GOALS

DIVORCE RECOVERY

1. To provide a safe place where divorced and divorcing people can seek support
 - ♦ by listening
 - ♦ by sharing experiences
 - ♦ by discussion, reading and prayer
2. To help each person become familiar with the process of divorce.
3. To facilitate the expression of feelings and problems associated with divorce.
4. To let go and adapt to new circumstances.
5. To discover new meaning and direction for life without a marriage partner.
6. To assist in the setting of new goals as single adults.

When Jesus healed the blind man, the Pharisees asked, "Is this his fault or his parents fault?" Jesus simply healed the man. Each person involved in a divorce is in pain and needs healing, regardless of "fault".

THE REALITY OF DIVORCE

- ♥ Divorce is a reality that is never part of anyone's life dream.
- ♥ Divorce is a reality that people can survive and then can live rich, full lives.
- ♥ Divorce Recovery is a reality where people support, listen and encourage you.
 - ♥ How will you recover?
 - ♥ Where does God's love for you fit?

"I cannot change my past,
but I can contemplate new
beginnings and new
endings."
(Anonymous)

DIVORCE RECOVERY

6 weeks

972-235-8385

A six-week seminar
for persons who are
divorced or divorcing

October 4-November 8
7:00pm—9:00pm

COST: \$30*

(This includes book, printed materials, audiovisuals and free child care for preschoolers, if pre-registered)

* Scholarships Available

OBJECTIVES FOR YOU

To Help YOU:

- ◆ **Understand** the divorcing process.
- ◆ **Address** unresolved issues that prohibit or impede recovery.
- ◆ **Accept** personal responsibility for decisions in the past, present and future.
- ◆ **Consider** a personal action plan for recovery and future decisions.
- ◆ To be with others who will understand. You are not alone.

PLEASE NOTE:

People who know each other will not be put together in the same small group. Marriage partners cannot attend the same session

DIVORCE RECOVERY PROGRAM

SESSION 1:

Stages, process and pain

SESSION 2:

Coping with ex-spouse, families, friends and “crazy” feelings.

SESSION 3:

Newly single identity, parenting and adjusting.

SESSION 4:

Discovering barriers and opportunities.

SESSION 5:

Forgiveness and other tough issues.

SESSION 6:

What now?

Check out the Singles Website:

www.fumcr.com/singleministry/

Registration Form

RETURN TO:

First United Methodist Church Richardson
534 W Belt Line Rd
Richardson, TX 75080
972-235-8385

Name _____

Address _____

City _____

Zip _____

Home Phone _____

Work Phone _____

Email _____

Cost: \$30.00

Method of Payment

- Check enclosed payable to FUMCR
- I will pay at the door
- Visa
- Mastercard
- Discover

Credit Card # _____

Exp. date _____

Signature _____

CHILD CARE

- Check here if child care is needed.
(For preschool aged children only)

Name(s) and age(s) of child(ren): _____

Special needs of child _____