

Special Thanks To Our Sponsors



Frost Bank

The Wellington at Arapaho

Tradition - Prestonwood



C. C. Young

Where the Spirit is Ageless®

Entertainment



Dennis Awe
*Entertainer, Organist,
Comedian & Author*

Community WinterFest



February 6, 2010

- Fun workshops
- Great food
- Wonderful fellowship
- Exciting entertainment

Sponsored by Senior Adult Ministries of

First United Methodist Church Richardson
Richardson, Tx

Purpose, Passion, People...

OPEN TO ALL AGES

Community

WinterFest 2010

Hours: 8:00 a.m. to 2:00 p.m.

Two sessions of one hour each start at 9:15 and 10:45 am

- Belly Dancing
- Buying and Selling on the Internet – Safely
- Crafty Wood Carving
- Discounts for Seniors & Don't Be Afraid to Ask
- Drug Intervention – RX and Supplements
- Ebby Halliday Real Estate Issues for Seniors
- Funeral Options and Realities
- Go Green, Save the Planet
- Gospel Singing
- Grandparents as Parents
- Insurance Issues and Reality Planning
- Line Dancing
- Listen Up! Senior Hearing Issues and Options
- Low Impact Exercise – Richardson YMCA
- Organic Gardening
- Pressure Point Therapy
- Quilting Marvels
- Retirement Income Strategies for Good & Bad Times
- Richardson Police Department – Crime Prevention
- Senior Housing Options
- Social Security Administration
- These Feet Are Made for Walking – Podiatry
- Water Color Fun
- What Do My Dreams Mean?
- Writing Your Own Story for Book and Video Form



First United Methodist Church Richardson
www.fumcr.com

Thanks To Our Vendors



Senior Source
SAS Shoes
Romeo Music
Frost Bank
The Tradition Senior Living
The Wellington on Arapaho
Alzheimer's Association
Discounts for Seniors & Don't Be Afraid to Ask
Texas Star Pharmacy
Ebby Halliday
Go Green Save the Planet?
Insurance Issues and Reality Planning
Senior Hearing Options
Richardson YMCA
Quilting Marvels
Richardson Police Department
C C Young
Social Security Administration
Podiatry
Water Color Fun
Writing Your Own Story
Level Four Financial Planners