



## Discussion Guide

Date: 8/17/2025

Sermon Title: Is there more than Sunday?

Scripture: Romans 12:1-2

This discussion guide is a layout to be used with a group or class. We have included opening and closing prayers to start and end your group. The guide may be used for personal or family reflection as well.

### OPENING PRAYER

*Gracious God, we come before You with gratitude for this time together. Teach us what it means to live as living sacrifices, wholly devoted to You. Open our hearts and minds to be transformed by Your Spirit. Help us see how worship can be woven into every moment of our lives, not just on Sundays. Shape our thoughts, our words, and our actions so that they reflect Your goodness and love in the world. In Jesus' name we pray, Amen.*

### Opening Question:

1. When you think of the word "worship," what comes to mind first—an event, a song, a service, or something else?
2. How would you define "worship as a lifestyle" in your own words?

### Digging into the Word:

1. Paul says to present your bodies as a living sacrifice. What might this look like in your daily routine?
2. How does the idea of "spiritual worship" expand your understanding of what worship includes?
3. Paul warns against being "conformed to this world." What are some ways our culture tries to shape us away from God's will?
4. What does it mean to be "transformed by the renewing of your mind"? How does this transformation happen in practical terms?

### Other Scripture:

5. If you have time consider reading 2 Corinthians 5:17. What does it mean here when Paul says that with Christ we are new creations? What does your life look like now with Christ?

### Wesleyan Lens:

6. Wesley taught that holiness involves both inward renewal and outward action. How can transformation of the mind lead to more Christlike behavior in everyday life?
7. In Wesley's Means of Grace (prayer, searching the Scriptures, Holy Communion, fasting, Christian conferencing, works of mercy), which practices help you engage in worship beyond Sunday?
8. How does serving others become an act of worship in light of Romans 12:1–2?

### Sermon Questions:

9. Pastor Clayton raises a question in the sermon, "If you got arrested for being a Christian, would there be enough evidence to convict you?" How would you answer this question for yourself? What evidence in your life points to your faith?

10. In the sermon Pastor Clayton talks about how our faith leads us from self to surrender. He quotes this idea of conversion from E. Stabley Jones "That change, gradual or sudden, by which we pass from the kingdom of self to the Kingdom of God by the grace and power of Christ." What is our thought of faith in God as a surrender?
11. Pastor Clayton talks about this text in Romans is reminding us that we need a reframing and renewing our mindset. What does this mean for you? How is God renewing you?
12. In the sermon we are reminded that we are worthy of God's love because we are a child of God. Self-talk or shame can be so destructive. However we can our minds reframed when we surrender.
13. Pastor Clayton talks about getting a "new operating system" when we turn our lives over to God. What changes have you noticed in your life since becoming a Christian or deepening your faith?
14. Pastor Clayton says faith isn't adding God to our lives, but rather us turning our whole life over to God. Do you see the difference? What does this look like in your daily walk with God?
15. Towards the end of sermon Pastor Clayton shares the vows we make as members of the church. Those vows mentioned are (prayers, presence, gifts, service, and witness). Which of these areas do you feel strongest in, and which could use more attention in your spiritual life?

#### **Applying it:**

16. Share one way you will intentionally worship God this week outside of Sunday services.
17. How has your faith helped you "reframe" difficult situations or negative thoughts in your life? Share an example

#### **CLOSING PRAYER**

*Lord of all life, thank you for showing us that worship is more than songs and sermons—it is our daily surrender to You. Renew our minds so we may see the world through Your eyes. Shape our lives into offerings of love, service, and praise. As we leave this place, help us live as Your transformed people, giving You glory in all we do. Through Christ our Lord, Amen.*

#### **WAYS TO RESPOND (or challenges for you this week)**

1. This week, consciously try to "reframe" negative thoughts or situations into positive ones, asking God to help renew your mind. Keep a journal of how this impacts your attitude and interactions with others.
2. Make a list of your daily activities. Reflect on how each of these can be an offering to God. Choose one area to intentionally dedicate to God this week.
3. Choose one of the membership vows (prayers, presence, gifts, service, witness) to focus on improving this week. Share your plan with the group and report back next time.