

# **Discussion Guide**

Date: 10/05/2025

Sermon Title: Is my table big enough for one more?

Scripture: Matthew 26:26-29

This discussion guide is a layout to be used with a group or class. We have included opening and closing prayers to start and end your group. The guide may be used for personal or family reflection as well.

#### **OPENING PRAYER**

Gracious God, You have prepared a table where all are welcome. As we gather, open our hearts to your Word and to one another. May we recognize the wideness of Your grace and grow in our willingness to invite others into Your love. In the name of Christ, who broke bread with us all. Amen.

# **Opening Question:**

1. Share about a time when you felt excluded. How did this make you feel? What could have been different? What have you learned by having this experience?

# Digging into the Word:

Read Matthew 26:26-29.

- 1. What stands out to you in this passage from the Last Supper?
- 2. How does Jesus' invitation to "all of you" speak to the idea of inclusion?
- 3. Jesus shared this meal with disciples who would betray, deny, and abandon him. What does that say about the kind of people Jesus invites to his table?
- 4. How does this sacramental moment shape your understanding of grace and community?
- 5. How might remembering that 'God is with us' in every conversation and action change the way we conduct ourselves daily?

# Wesleyan Insight:

John Wesley believed the Lord's Supper was a "means of grace" — not a reward for the righteous, but a gift of God's presence for all seeking Christ. In fact, he encouraged frequent Communion, believing it to be a spiritual medicine for those in need of healing and wholeness.

- 1. How does Wesley's understanding of Communion as a means of grace challenge exclusive or judgmental attitudes in the Church?
- 2. How might it shape how we invite others to our own "tables" whether literal or metaphorical?

**Going Deeper:** 

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- 1. Think about a time when you were included unexpectedly or excluded painfully. How did that impact your sense of belonging?
- 2. Who in your life might need a seat at your table right now? (Consider those who may feel forgotten, different, or alone.)

# Other scripture to consider:

Romans 15:7 and Luke 14:12-14

# **Sermon Questions:**

- 1. In Pastor Clayton's sermon he opened with a story about a religious order. What stood out to you most from the story of the rabbi's gift? How does it relate to your own experiences in faith communities?
- 2. The sermon mentions treating others "as if the Messiah was among us." How might this perspective change our daily interactions?
- 3. Pastor Clayton says, "God is with us whether we choose to acknowledge God or not." How does this impact your view of God's presence in your life?
- 4. Holy Communion reminds us we are "God's own people." How does this identity affect how you see yourself and others?
- 5. How does the image of Christians worldwide sharing in communion together impact your sense of connection to the global church?
- 6. Discuss the concept of the communion table being "wide enough for one more." How can we embody this inclusive spirit in our church and personal lives?

# Applying it:

- 1. What are barriers that keep us from inviting others into deeper relationships, fellowship, and worship?
- 2. In what ways can we extend the spirit of communion God's presence, inclusivity, and grace beyond the church walls and into our everyday lives?
- 3. In your life (family, work, church, neighborhood), where can you make room for one more this week?
- 4. What would it look like to intentionally widen your circle of care, hospitality, or listening?

#### **CLOSING PRAYER**

Loving God, thank You for making room at Your table for us. As we go, may we reflect Your hospitality by opening our lives to others. Help us to see with Your eyes, love with Your heart, and serve with Your hands. Empower us by Your Spirit to make space for one more — today and every day. In Jesus' name we pray. Amen.

# WAYS TO RESPOND (or challenges for you this week)

- 1. In your life (family, work, church, neighborhood), where can you make room for one more this week?
- 2. Invite someone to coffee, a meal, or to church this week who might not expect the invitation.
- 3. Before your next meal, take a moment to acknowledge God's presence with you, just as we do in communion. How might this practice affect your daily life?

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