

# *Methodist 101:* What makes us Methodists?

What is worship?

Where does our worship come from?

## Elements of Worship

## Seasons of Worship

## Leaders of Worship

## Means of Grace

## Baptism

## Holy Communion

## Discussion or Reflection Questions

- Methodist worship blends structure, such as liturgy, hymns, and the sacraments, with warmth and personal devotion. What elements of worship help you feel most connected to God? Which are less familiar or less comfortable for you?
- Charles Wesley's hymns have shaped Methodist theology as much as sermons have. Do you have a hymn that has taught you something about God or carried you through a difficult season? What does singing add that speaking alone does not?
- United Methodists practice two sacraments, baptism and Holy Communion, and affirm that Christ is truly present in Communion and that God's grace works through both. What do these practices mean to you, and how might understanding them more deeply change the way you participate?
- In the United Methodist Church, the call to ordained ministry is discerned through a process involving the individual, the local church, and the wider connection, and it includes the distinct orders of deacon and elder. What does it say about Methodist beliefs that a call is tested by the community rather than decided by the individual alone?
- United Methodists affirm the "priesthood of all believers," meaning that all Christians are called to ministry, ordained or not. Where do you sense God calling you to serve, in the church or in your daily life?

## Questions I Am Holding